



## Lesson 1 - HEART-Y SNACK

Today's snack will remind us that Jesus is God and cares about us.

In Psalm 77:14, the bible says, "You are the God who works wonders."

### Supply List

- Pita bread or tortilla cut into heart shape
- Hummus
- Diced veggies like cucumber, peppers, tomatoes

### Directions to assemble

1. Cut pita bread or tortilla into heart shape with cookie cutter or knife
2. Spread hummus with a knife
3. Decorate with veggies

